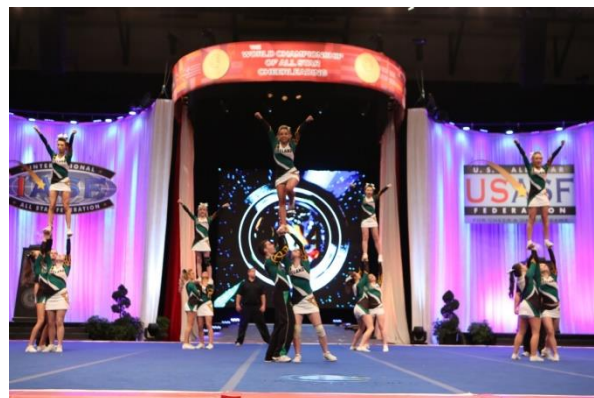


Team Ireland 2022

Information



Team Ireland 2022

Team Ireland 2020/21 was a team with all the odds stacked against us, but we're finally getting to make it work as part of the 2022 Worlds team.

Team Ireland is a wonderful experience for all involved but like every other sport the cost of competing at such a competitive level are quite high. In 2021 the trip will cost each athlete approximately €1750-2000.

All sessions will be held in Galway at Stuntworx Elite Gym and there will be a charge of €10 per session – this will go in part to hall rental, and in part to TI funds to avoid paying for extra items. This cost will be paid per athlete regardless of missed sessions. There will be at some overnight trips not only for the athletes to train but also for the athletes to bond as a team. This will be scheduled in advance.

CSI Coaches are dedicated to helping each athlete out as much as possible not only with costs, but also with individual issues or problems. Each member of the staff has their role to play to ensure the 2021 Team Ireland runs to the best of its ability. We would like you all to know that we will be available to chat when necessary to help make this one of the most memorable of their cheerleading lives.

Training Dates

May 23 rd – Team Placement	June 27 th	July 25 th	August 29 th
September 26 th	October 31 st	November 28 th	December 19 th
January 30 th	February 27 th	March 27 th	April 23 rd
Showoff April 24th			

FUNDRAISING

As a member of Team Ireland, we expect you to be active in your participation in our fundraising drive. There are a number of things we will organise for you such as: Fly the Flag Initiative; Cash for Clothes; Raffles, however we expect you to put in the work too! There is no reason you can't host up to 5 fundraisers yourself, Bake Sale, Bow Sale, Book exchange, Sponsored cheer-a-thon, movie night, and school sessions are a few ideas from last year! With a targeted drive you and your family can set a monthly target of up to €100 and try your best to hit it! From now, if you raise €50 per month, that's €600 off the

cost of your season already, if you hit €100 per month that's €1200! Please do not expect us to do the work for you. We will help in whatever way we can.

PAYMENTS

DEPOSIT €350 Due on acceptance (will be subtracted from total) **NON REFUNDABLE!** All figures are estimated as exchange rates vary and prices vary depending on the number on the teams.

Can be paid in person at Stuntworx Elite or via Paypal, see last page for details.

Please note, costs may increase depending on uncontrollable factors.

July 25 th	€350
September 26 th	€350
November 28 th	€350
January 30 th	€350 or final amount if more or less

Payment Dates are non negotiable, but you can organise a monthly payment schedule if you'd prefer.

All Payments will be required to be transferred directly to the Cheer Sport Ireland paypal Account compfees@gmail.com and any late payments will incur a €20 late fee (unless agreed by the manager Jamie). Deposit must be paid in full, Payment plan can be arranged as long as the full payment is in on the due date. Confirm this with the manager.

Expectations and commitment for Team Ireland 2022

At Team Ireland we strive to be the very best and to excel at our sport. That is a goal of ours, but we at Team Ireland want our athletes to achieve more than just being winners. We expect our athletes to be courteous, truthful, honest, considerate, determined and respectful and have a high self – esteem. In order for our organization to achieve this, we must set our standards high.

Each athlete will conduct themselves in such a manner as to credit the Team Ireland organisation. Each cheerleader will know and abide by the expectations set before them in this information pack and Team Member Agreement. They will uphold the level of excellence that we are striving to achieve. Please read the following information carefully before signing the agreement.

Practice: Once selected for a Team Ireland position, **it is your obligation to attend ALL practices. When one member is absent it can keep a whole team from achieving their goals for that practice.** The definition of a team is a number of people that are associated together in work or activity; a cooperating functioning group. **WE cannot function cooperatively without your constant attendance and commitment.** The safety and preparation of our teams must be respected. Teams like ours are extremely challenging, they demand teamwork and dedication from members. The coach reserves the right to remove squad members from a performance and possibly the team if practices are missed (see below).

It is the responsibility of each cheerleader to learn material or request information handed out when a practice is missed. Students missing a practice should designate another member to pick up any handouts and learn any new material necessary. It is the student's responsibility to learn missed material. Please realise this before entering into the agreement.

Have a positive attitude – we expect our athletes to be hardworking, dedicated, and fun to work with. Nothing is ever perfect all the time, and there will certainly be times throughout the season when people get “stressed out” but overall we strive to have a team environment that is positive and enjoyable for everyone involved.

You are obligated to be at EVERY practice including extra practices. Contagious illnesses must be called in at least 2 hours before practice. Holidays absences must be notified to the coach in writing one month in advance. No holidays are permitted 3 months before the competition as there is too much work to complete as well as the cheerleader fitness level etc.

Exams are part of life and if your child is involved with extra study we will ensure if they stay in another location that they have supervised study times. With the time of training being Sunday 12-5 we hope they can study before or after training.

Excused	Unexcused
Family Events – Death, Weddings, Christenings	Minor injury or non-contagious illness (you can watch if you're unable to practice for new material)
Contagious Illnesses or Serious Injury – Proof will be expected	Homework – ensure you schedule this and plan accordingly
Holidays if notified in advance	School activities
	Participation in other sports
	Poor results from school – please plan study times
	Poor time keeping for training
Covid-19 Symptoms	Those with symptoms but otherwise feeling fine, will attend classes via zoom.

Training needs to be a closed practice as any distraction leads to disruption of class therefore bringing people along to training is not permitted.

Practice Boundaries:

In order to get the most out of practice and have it run efficiently, the following rules have been established:

- Hair must be pulled back, away from the face.
- Jewellery must not be worn for safety reasons, we are not responsible for lost or stolen items so do not bring them
- Chewing Gum is not allowed
- Wearing of suitable training clothing only is allowed. Please dress appropriately and wear training gear issued
- Healthy options for break times please – eating only at designated times for breaks
- **BAD ATTITUDE IS UNACCEPTABLE** - the following actions of cheerleaders can result in being removed from Team Ireland
 - Temper tantrums, out bursts
 - Bad language
 - Showing disrespect to the coaches by talking back, eye rolling etc
 - Showing disrespect to a fellow cheerleader
 - Poor attitude and lack of participation
 - Unnecessary and excessive talking and disruption of class
 - Use of mobile phones is not allowed only during break times – phones will be put into boxes and locked away if necessary
- Athletes are responsible for their own safety
- Personal issues are to be left at the door when you enter the gym
- Concentration is required at all times for your safety and that of your team mates
- Athletes should never practice without safety mats (also at home)
- New skills are to be attempted only with proper preparations, practice and the advice of the coach
- Athletes must keep their fitness/flexibility/skill levels up between practices

COMMUNICATIONS

We feel that communication between the coaches, parents and athletes is very important in maintaining a great relationship. We will do all in our power to keep you informed in a timely manner. All details and notes will be distributed to the cheerleaders during practice to pass onto their parents/guardians. Text messages also will be used when required.

We want to hear from you – if there is any area of concern to you, please do not hesitate to make contact at a time when practice is over – not before as it could take up precious time from training. If required we can meet by prior arrangement at a time that would suit all.

As organisers of the Coed Elite Team Ireland Squad, Cheer Sport Ireland Coaches & Staff have an overwhelming responsibility to manage the program as a whole. Please take that into account when approaching them.

Loyalty to Team Ireland is what makes us great – The coaches are loyal to the athlete and to the cause. In return we see a dedication from the cheerleaders and parents. If at any time you feel that your loyalty to the program diminishes for any reason please come to any of the coaches before you go to another parent /athlete etc as this can lead to misinformation being circulated and does not represent Team Ireland in the manner that we would like.

I have read all the detail and agree to abide by the expectations of the coaches as detailed above.

Cheerleaders Signature: _____

Date: _____

Parents Signature(if u18): _____

Date : _____

Coach Signature: _____

Date: _____

Any other details: ie. Medical, food allergens., etc,



CHEERSPORT

I R E L A N D

TEAM IRELAND 2022

INFORMATION PACK

Head Coach:-	Hilton Holian	Coach:- Ola Jagielska
Manager/Coach:-	Jamie Byrne	
Email:-		teamireland2020@gmail.com
Paypal payments:- (<i>Pay family or friends option only</i>)		compfees@gmail.com
Cheer Sport Ireland (CSI):-	Fiona Collumb	fiona.collumb@gmail.com
Welfare Officer: -	Marie O'Leary	stuntworxwelfareofficer@gmail.com